

## **REQUIRED TASKS:** To be on the Registry, you <u>must</u> do all the IHSS tasks.

Initial	Personal Services	DESCRIPTION OF TASK	
	Heavy Cleaning	For neglected homes that need more	
		intense cleaning	
	Respiratory Care	Help with inhaler, 02 tank, etc.	
	Bladder Care	Help with toileting, including adult briefs	
	Bowel Care	Help with toileting, including adult briefs	
	Prosthesis Care	Help with artificial limbs	
	Menstrual Care	Help with woman having her menstrual cycle	
	Reposition/Rubbing Skin	For bed or wheelchair bound recipients needing limbs moved or lotion put on	
	Range of Motion	Help bed or wheelchair bound recipients move limbs (for blood flow & circulation)	
	Lifting/Transferring	Moving from one position to another, in & out of bed, up from chairs or sofa, etc.	
	Do you have	□ Yes	
	experience with a Hoyer Lift?	□ No	
	Protective Supervision	Watching someone who cannot be left alone (i.e., Alzheimer's)	
	Paramedical	Wound care, insulin injections, etc. (Experience not required)	
	If yes, do you have experience with injections?	□ Yes □ No	
	If yes, do you have experience with wound care?	□ Yes □ No	

Initial	Domestic Tasks
	Meal Prep (incl.
	diabetic)
	Meal Clean Up
	House
	Cleaning/Laundry
	Assist with
	Medications
	Feeding
	Food Shopping
	Drive to Dr. & Alt
	Appointments

Initial	Personal Tasks
	Ambulating (helping
	person walk)
	Brushing Teeth
	Combing Hair
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	Dressing
	Bathing
	Teaching/Demonstrating
	Select an underserved
	area to work

## I UNDERSTAND THAT I MUST PERFORM <u>ALL</u> THE IHSS TASKS REQUIRED IN ORDER TO COMPLETE THE LINK2CARE TRAINING AND BE ON THE REGISTRY.

Signature: \_\_\_\_\_